



**Neighborhood
Boys & Girls Club**
For Better Men & Women

2023 WINTER 1

ATHLETIC GUIDEBOOK

In our sports program, the motto is "EVERYONE PLAYS." Any child who signs up for an NBGC sports program will enjoy plenty of playing time in a supportive and encouraging atmosphere, regardless of experience or skill level. Even first-time players can develop confidence and skills through our year-round sports program.



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WELCOME MESSAGE



Timothy Watts

Athletic Director

Dear NBGC Families,

Welcome back! To our returning families, we are delighted to have you with us once again, and to our new families, a heartfelt welcome to the NBGC community.

As the Athletic Director, my mission is to ensure that our athletic programs not only nurture physical skills but also instill values such as teamwork, sportsmanship, and perseverance. Our focus extends beyond the field, as we are committed to fostering a supportive and inclusive environment where every participant feels valued and encouraged to grow.

This season promises exciting opportunities for your child to develop their talents, bond with teammates, and create cherished memories. With dedicated coaches and a wide range of athletic programs, we are confident that this journey will be transformative and rewarding.

Let's unite as one NBGC family, embracing the challenges and celebrating the successes together. Thank you for being a part of this incredible journey, and here's to a fantastic season ahead!

With warm regards,

Timothy Watts
Athletic Director, NBGC





ABOUT NBGC

The Neighborhood Boys & Girls Club (NBGC), founded in 1931, is a non-profit organization committed to youth development. Our mission is to enhance the well-being and potential of our members, their families, and the community.

For over 90 years, NBGC has continuously pursued excellence in its youth services and organizational governance, driven by the vision of "building better men and women." We are proud of our uninterrupted service to the community, and our board, staff, leaders, and volunteers are unwavering in their dedication to meeting and exceeding the needs of youth and families.

Founded by Robert Buehler and Richard Valentin, NBGC's roots trace back to a single football game played at Revere Park in 1931. What began in a small Chicago garage has grown into a thriving organization that embodies the vision of its visionary founders.

Situated in Paul Revere Park on Irving Park Road, NBGC features various sports fields, tennis courts, a playground, a clubhouse, and indoor practice gyms. Our members, aged 5 to 18, have access to a wide range of athletic, educational, social, and leadership programs that provide an alternative to negative influences outside the club.

At NBGC, we emphasize sportsmanship and teamwork, ensuring that all members, regardless of skill level, can participate. Membership is free for over 1500 girls and boys who participate in our year-round programs. Beyond sports, NBGC fosters leadership skills, new friendships, and a sense of pride in oneself.

Our Youth Development and Leadership Program is one of the most important offerings at NBGC. Young leaders facilitate day-to-day programs, guiding and mentoring their peers to become role models in the community. These leaders gain self-discipline, initiative, and self-esteem, making them eligible for our Leaders' of the Future Scholarship Fund, generously supported by alumni, past recipients, and local businesses.

NBGC is dedicated to enhancing the lives and futures of our youth, and the leadership skills acquired here become the foundation for a lifetime of success. Join us at NBGC, where we continue to build a brighter future for our community and its young members.

GIRL'S BASKETBALL CLINICS

Registration

When: Registration open through October 31st, 2023

How: Register online at nbgc.org/basketball

Who: Girls in grades K-8.

Cost: \$60 per participant

Financial assistance available upon request

Clinic Schedule

Dates: October 30th - November 17th

Leagues & Schedule:

- **K - 1st grades (Daisy League)**
 - Mondays, October 30th
 - Monday, November 6th
 - Wednesday, November 8th
 - Monday, November 13th
- **2nd - 3rd grades (Pebble League)**
 - Wednesday, November 1st
 - Wednesday, November 8th
 - Monday, November 13th
 - Wednesday, November 15th
- **4th - 5th grades (Junior League)**
 - Monday, October 30th
 - Thursday, November 2nd
 - Monday, November 6th
 - Thursday, November 9th
- **6th - 8th grades (Senior League)**
 - Monday, October 30th
 - Thursday, November 2nd
 - Monday, November 6th
 - Thursday, November 9th

Additional Information

- Full clinic schedules available on nbgc.org/basketball
- Minimum capacity per group = 4 players. Max capacity per group = 15 players. If min capacity in group is not reached, player will be contacted regarding a potential group switch

BOY'S BASKETBALL CLINICS

Registration

When: Registration open through October 31st, 2023

How: Register online at nbgc.org/basketball

Who: Boys in grades K-8.

Cost: \$60 per participant

Financial assistance available upon request

Clinic Schedule

Dates: October 30th - November 17th

Leagues & Schedule:

- **K - 1st grades (Discovery League)**

- Wednesday, November 1st
- Friday, November 3rd
- Friday, November 10th
- Wednesday, November 15th

- **2nd - 3rd grades (Cadet League)**

- Friday, November 3rd
- Tuesday, November 7th
- Tuesday, November 14th
- Thursday, November 16th

- **4th - 5th grades (Prep League)**

- Wednesday, November 1st
- Wednesday, November 8th
- Monday, November 13th
- Wednesday, November 15th

- **6th - 8th grades (Tribe League)**

- Friday, November 3rd
- Tuesday, November 7th
- Tuesday, November 14th
- Thursday, November 16th

Additional Information

- Full clinic schedules available on nbgc.org/basketball
- Minimum capacity per group = 4 players. Max capacity per group = 15 players. If min capacity in group is not reached, player will be contacted regarding a potential group switch

GIRL'S BASKETBALL LEAGUES

Registration

When: Registration open through November 22, 2023

How: Register online at nbgc.org/basketball

Who: Girls in grades K-8.

Cost: \$100 per participant (includes jersey)

Financial assistance available upon request

Preseason Practices (2 per league) see group times on nbgc.org

Dates: November 27th - December 9th

Leagues & Schedule:

- **K - 1st grades (Daisy League)**
 - Monday, November 27th
 - Monday, December 4th
- **2nd - 3rd grades (Pebble League)**
 - Friday, December 1st
 - Friday, December 8th
- **4th - 5th grades (Junior League)**
 - Thursday, November 30th
 - Thursday, December 7th
- **6th - 8th grades (Senior League)**
 - Monday, November 27th
 - Monday, December 4th

League Game Days

Dates: December 11th - February 17th

Game Day Schedule:

- **K - 1st grades (Daisy League)**
 - **Mondays** (start time between 4:30p - 6:30p); **Saturdays** (start time between 9:00a - 12:45p)
- **2nd - 3rd grades (Pebble League)**
 - **Fridays** (start time between 4:30p - 6:45p); **Saturdays** (start time between 9:00a - 12:30p)
- **4th - 5th grades (Junior League)**
 - **Mondays** (start time between 4:30p - 7:30p); **Thursdays** (start time between 4:30p - 7:30p)
- **6th - 8th grades (Senior League)**
 - **Mondays** (start time between (5:15p - 8:15p); **Thursdays** (start time between (5:15p - 8:15p)

Additional Information

- Team assignments + game schedule will be posted/sent 3-7 days before league games begin.
- Preseason Practice subgroups assigned at the close of registration.
- For more information or to register, visit nbgc.org/basketball

BOY'S BASKETBALL LEAGUES

Registration

When: Registration open through November 22, 2023

How: Register online at nbgc.org/athletic-programs

Who: Boys in grades K-8.

Cost: \$100 per participant (includes jersey)

Financial assistance available upon request

Preseason Practices (2 per league) see group times on nbgc.org

Dates: November 27th - December 9th

Leagues & Schedule:

- **K - 1st grades (Discovery League)**
 - Friday, December 1st
 - Friday, December 8th
- **2nd - 3rd grades (Cadet League)**
 - Tuesday, November 28th
 - Tuesday, December 5th
- **4th - 5th grades (Prep League)**
 - Wednesday, November 29th
 - Wednesday, December 6th
- **6th - 8th grades (Tribe League)**
 - Monday, November 27th
 - Monday, December 4th

League Game Days

Dates: December 11th - February 17th

Game Day Schedule:

- **K - 1st grades (Discovery League)**
 - **Fridays** (start time between 4:30p - 6:30p); **Saturdays** start time between 9:00a - 2:00p)
- **2nd - 3rd grades (Cadet League)**
 - **Tuesdays** (start time between 4:30p - 6:30p); **Saturdays** (start time between 9:00a - 1:15p)
- **4th - 5th grades (Prep League)**
 - **Wednesdays** (start time between 4:30p - 8:00p); **Saturdays** (start time between 11:30a - 3:00p)
- **6th - 8th grades (Tribe League)**
 - **Tuesdays** (start time between 6:00p - 8:00p); **Fridays** (start time between 5:30p - 8:00p)

Additional Information

- Team assignments + game schedule will be posted/sent 3-7 days before league games begin.
- Preseason Practice subgroups assigned at the close of registration.
- For more information or to register, visit nbgc.org/basketball

FREQUENTLY ASKED QUESTIONS

- **How do I register for a program?**

- You can register for a program by locating the registration form and informational flyer on the NBGC website at nbgc.org/athletic-programs.

- **How are teams put together?**

- Teams are constructed by considering school, grade, neighborhood, and requests. All requests MUST be included in the registration form. Requests sent via email will not be considered.

- **Is financial assistance available?**

- Yes, financial assistance is available upon request. If you have previously applied for financial assistance, please take note that a new application must be submitted at the beginning of each program year (each fall). To apply, email finance@nbgc.org or visit nbgc.org/athletic-programs.

- **How do I apply my NBGC Program Credit?**

- To redeem your program credit(s), please contact finance@nbgc.org prior to registration.

- **Where will practices and games take place?**

- All NBGC-scheduled games and practices will take place at the NBGC Clubhouse or Revere Park.

- **What should my child bring to practices and games?**

- Players should come to practices with a labeled water bottle and sneakers. Other gear such as a mouthguard or athletic cup is optional. For games, players should come with the items listed above and their game jerseys.

- **What can I expect from an NBGC Clinic, Preseason Practice, or Game?**

- Clinics help introduce players to a sport. Clinic sessions run for longer than Preseason Practices and have fewer players in each session. Players receive more personalized instruction of game skills, strategies, and rules for a sport. Clinics are a great way to make new friends and spend time getting better at a sport they enjoy.
- Preseason Practices are held at the beginning of each season. They are scheduled to last for 45 minutes and will begin with dynamic stretching followed by working on fundamental game skills, strategies, and rules.
- Preseason practices include all the players in the league regardless of team and are fully run by NBGC staff. Team coaches don't need to worry about bringing practice plans, materials, or equipment.
- Games are scheduled to last for 50 minutes. Teams will compete against each other while also learning leadership, teamwork, and other NBGC values.
- Each league is scheduled for 2 preseason practices before the games begin.

FREQUENTLY ASKED QUESTIONS

- **Are there any NBGC-scheduled team practices during the season?**
 - No, NBGC only schedules league preseason practices. After the scheduled preseason practices, any additional practices throughout the season will be coach-scheduled team practices. Only pay attention to official NBGC scheduling documents sent by email and posted on our website as there may be some incongruencies between the scheduling documents and the calendar in the Sawyer registration system.
- **How many games will my player have?**
 - In a general season, teams are scheduled for 1 preseason game, 6-8 regular season games, 1-2 playoff games, and an all-star game and/or parents vs. kids game. Numbers may vary slightly depending on season length or gym time available.
- **Will forfeits be rescheduled?**
 - No, forfeits will not be rescheduled. Please let NBGC staff know about upcoming forfeits so we can try to find a replacement team for your opponent.
- **What happens if I am late/early to drop-off/pick-up?**
 - If you are early to drop-off, please wait until you are called to the proper field. If you are late to pick-up, your child will be brought inside the clubhouse to wait. Please note this may incur childcare charges unless prior arrangements have been made.
- **Will players be transported to program? Players in NBGC's after-school program will be brought to their game by NBGC staff if all of the following situations apply:**
 - 1) The player is enrolled at NBGC's after school programs at NBGC Clubhouse, Bateman Elementary, Cleveland Elementary, or Linne Elementary and is present in the program that day.
 - 2) The player has an NBGC-scheduled Preseason Practice or Game with a start time at or before 5:30 PM.
- **What is the cancellation policy?**
 - If you cancel prior to the start of programming, a Program Credit will be posted to your account. All registration fees are non-refundable. Cancellation requests must be emailed to athletics@nbgc.org and finance@nbgc.org.
- **Can I coach?**
 - If you are interested in volunteering as a coach, please indicate so on your registration form. Coaches will be asked to fill out a volunteer application and will be subject to a background check if they have not already done so in the past 12 months.
- **Season Information/layout:**
 - The season will start with 2 preseason practices spread out over 1-2 weeks
 - Each team will play 1-2 games per week on their scheduled league days.

FREQUENTLY ASKED QUESTIONS

- **When will my player receive their uniform**

- Players typically receive their team uniform at their first game. We may also schedule a uniform pickup day before the season depending on availability.

- **When will I see my player's schedules?**

- Preseason Practice schedules can be found at the time of registration on nbgc.org.
- Game schedules will be available in the inbox of email addresses provided at registration and on nbgc.org following the conclusion of preseason practices and 3-7 days before the first scheduled game for that league.